

BASTILLE BRASSERIE & BAR

ALLERGEN INFORMATION

This guide provides written allergen information for the menu items listed below. The allergen list is based on our current ingredient and recipe information.

VIRGINIA DEARTMENT OF HEALTH

This allergen guide is provided as part of our written disclosure of major food allergens under the Virginia Food Regulations effective September 10, 2026.

HORS D’OEUVRES

Beignets de Crevettes	(M) Milk (E) Eggs (SF) Shellfish
Escargots à la Bourguignonne	(M) Milk (SF) Shellfish (G) Gluten
Pâté de Foie de Volaille	(M) Milk (G) Gluten
Rillettes de Poissons	(M) Milk (F) Fish (G) Gluten
Salade d’Automne	(M) Milk (TN) Tree-nuts
Salade de Betteraves	(M) Milk
Salade Verte	No major allergens listed
Soupe à l'Oignon Gratinée	(M) Milk (G) Gluten
Soupe du Jour	Varies (Please ask your server)

GRANDES SALADES

Bistro & Bleu Salad	(M) Milk (G) Gluten
Salade au Saumon	(M) Milk (F) Fish (TN) Tree-nuts
Salade de Canard	(G) Gluten

PLATS PRINCIPAUX

Bistro Steak Frites	(F) Fish
Burger Classique	(M) Milk (E) Egg (G) Gluten
Coq au Vin	(M) Milk
Filet Mignon et Frites	No major allergens listed
Magret de Canard aux Poires	(M) Milk
Moules à la Espagnole - Frites	(M) Milk (SF) Shellfish
Noix de Saint Jacques	(M) Milk (SF) Shellfish
Poisson du Marché en Bouillabaisse	(F) Fish (SF) Shellfish (G) Gluten
Risotto aux Truffes	(M) Milk
Plat du Mois	Varies (Please ask your server)

BAR FOOD

Galette aux Champignons	(M) Milk (G) Gluten
Espellette "Buffalo" Wings	(F) Fish
Espelette Pommes Frites	No major allergens listed
Huitres (Oysters)	(SF) Shellfish
Les Olives	No major allergens listed
Miso Honey Wings	(SO) Soy (SS) Sesame

LES DESSERTS

“Caramel et Pommes” Cheesecake	(M) Milk (E) Egg (TN) Tree-nuts (G) Gluten
Crème Brûlée à la Vanille	(M) Milk (E) Egg (G) Gluten
La Dame Blanche	(M) Milk (E) Egg (G) Gluten
Moelleux au Chocolat Noir	(M) Milk (E) Egg (G) Gluten (TN) Tree nuts
Plateau de Fromages	(M) Milk (TN) Tree-nuts (G) Gluten
Poire Belle-Hélène d’Automne	(M) Milk (E) Egg (TN) Tree-nuts (G) Gluten
Pot de Crème au Chocolat Noir	(M) Milk (E) Egg (G) Gluten
Profiterole au Chocolat et Caramel	(M) Milk (E) Egg (G) Gluten
Sorbets Maison	(G) Gluten
Dessert du Mois	Varies (Please ask your server)

ALLERGEN KEY

M

E

F

SF

TN

P

G

SO

SS

Milk

Egg

Fish

Shellfish

Treenut

Peanuts

Gluten Wheat

Soy

Sesame

TREE NUTS INCLUDE
Almonds · Brazil nuts · Cashews · Hazelnuts/Filberts · Macademia nuts · Pecans · Pine nuts · Pistachios · Walnuts · Chestnuts
Coconut is not a tree nut. We do not use coconut as an ingredient in our menu items, but our suppliers cannot guarantee that their ingredients are free from coconut. (SOURCE: Food Allergy Research & Education (FARE), “Tree Nut Allergy”)

PLEASE NOTE
“No major allergens listed” means that no major food allergens are marked for that item in the current allergen matrix. It is not a guarantee that the item is free from allergens or cross-contact. Ingredients and recipes may change. Please speak with your server about any food allergy or dietary restriction.

